

The Benefice of Badwell & Walsham

Rector : Rev'd Catriona Brinkley 07525920307

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Reverend Jill Walker jill.walker@me.com

Reverend Jay Price 07752 867388 jsgprice@aol.com

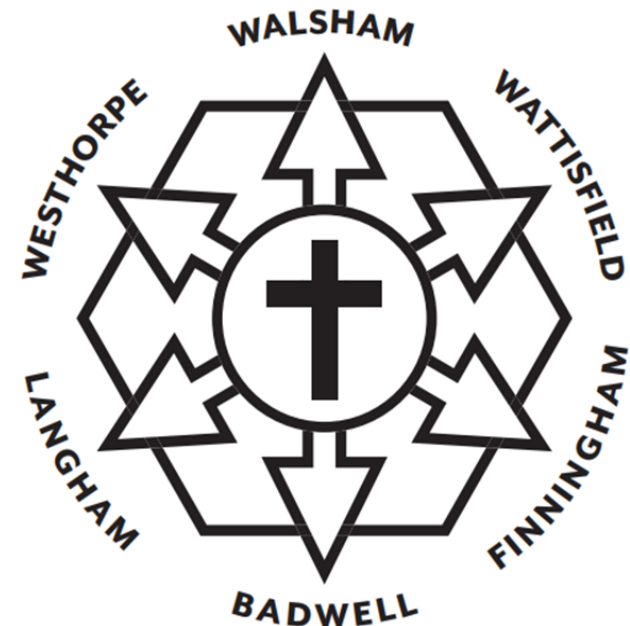
Benefice Elder: Marion Bell 07504779748

Benefice Elder and Safeguarding Officer:

Tracey Gorzelak 07521688647

safeguardingbadwellwalshambenefice@outlook.com

The Benefice of Badwell & Walsham



Hexagon

October - November 2026

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbielicata33@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is
Friday 6th November 2026

The Hexagon is delivered to nearly 1800 households in the villages of Badwell Ash, Finningham, Langham, Wattisfield, Walsham le Willows and Westhorpe.

Advertising Rates

FULL PAGE	single issue £33	3 issues £66	6 issues £127
HALF PAGE	single issue £22	3 issues £44	6 issues £83
QUARTER PAGE	single issue £17	3 issues £34	6 issues £55

Contact Revd Catriona 07525920307
revcatrionabrinkley@outlook.com

HEXAGON AVERTISING ORGANISER REQUIRED

We are seeking someone to take over this position as soon as possible. This would involve collating adverts from various organisations, businesses and local events; liaising with the advertisers with regards to size and cost; and, in conjunction with the editor, ensuring they are correctly printed in the magazine.

The Hexagon provides valuable communication between the parishes, the profits of which cover benefice expenses. Rev'd Catriona Brinkley has temporarily taken on this task until the position is filled.

For further information please email
revcatrionabrinkley@outlook.com



THE PRIORY ROOM

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John Boulter 07908 010555
johnboulter@yahoo.com

HIRE CHARGES

	Occasional Users	Regular Users
Mornings (up to 1.00pm)	£40.00	£30.00
Afternoons (up to 6.00pm)	£40.00	£30.00
Evenings (up to 11.00pm)	£40.00	£30.00
All Day	£100.00	
Hourly	£11.50	

Kristina Bee at Christmas

Returning by popular demand

Sunday 6th December at 3pm

In Finningham Church



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Christmas songs, sing-a-longs,
classics and much more**



**Adults £10
Children under 10's Free**



**Including a delicious full finger buffet
with hot drinks**



**Raffle on the day
1st prize - Christmas hamper
plus many other prizes**

**Tickets available from Marion 07504779748
marionbell25@gmail.com**

HARVEST, HOPE AND REMEMBRANCE

As autumn settles in and the colours of our countryside begin to change, October and November bring with them opportunities to pause, give thanks and remember.

October is, for us this year the season of Harvest. Here in our rural communities, we are particularly aware of the changing seasons and the work that goes on around us. Harvest gives us an opportunity to thank God for the gifts of creation and to give thanks for our farmers and all those who work so hard to bring food from field to table. As the Psalmist writes, *"The earth has yielded its harvest; God, our God, has blessed us."* (Psalm 67:6)

Harvest is also a reminder that what we have is to be shared, and that there is something very special about communities coming together. We have seen that wonderfully over recent months. A huge thank you to everyone who contributed to Open Gardens in Walsham. It was a wonderful community event and lovely to see so many people enjoying themselves throughout the two days. Thank you, too, to everyone who supported the Scarecrow Café in Finningham. Seeing people giving their time, talents and generosity to raise funds for our churches and communities is truly inspiring and much appreciated.

As October gives way to November, our thoughts turn towards remembrance. On 15th of November, we will hold our All-Souls Service, a quiet and special opportunity to remember before God those whom we have loved and lost. Whether your loss is recent or many years ago, you are warmly invited to come along, light a candle and remember someone special to you.

Then, on Remembrance Sunday, we gather across our communities to remember those who gave their lives through war and conflict. We also pray for all those affected by conflict today and for peace in our world. Details of all our services can be found on the middle pages of this edition.

Harvest, All Souls and Remembrance each invite us, in different ways, to be thankful, to remember and to cherish one another. As the seasons change, may we continue to find hope in God's presence with us and in the communities we share.

Loving God, thank you for all you give us, comfort us in our remembering, and help us to be people of hope and peace. Amen.

God bless, Rev'd Catriona

Wattisfield Town Trustees

Whether you're a parent struggling with school uniform costs, a student needing books for your studies, or an elderly resident worried about repair bills, we're here to help.

We provide **financial assistance** to those in need within our community, like:

- **Extra Education costs** like lab coats and books
- **Unexpected repair bills** that cause financial strain

If you or someone you know is facing an unexpected financial challenge, reach out to us. Together, we can ensure that everyone in Wattisfield gets the support they need to live with dignity and peace of mind.

Wattisfield Town Trust – Supporting our community, one person at a time.

For more information or to apply for assistance, contact us today.

Email:- wattisfieldtec@btinternet.com or by post:- The Trustees, WTT, Hall View House, Chapel Road, Wattisfield. IP22 1NU

JIGSAW SALE

Thank you to everyone who donated puzzles, made cakes and helped on the day at the Jigsaw sale on 12 September. A total of £515 was raised for The Brain Tumour Society UK. Special thanks to everyone who supported the event. I have 153 jigsaws left, if you would like any free of charge for a fund raising event please contact me on 01359 259686.

Debbie Licata

ST MARY'S CHURCH - WALSHAM LE WILLOWS

CHRISTMAS FAYRE AND LIGHTING OF THE VILLAGE TREE

ON SATURDAY 28th NOVEMBER
FROM 2:00pm



Refreshments, Gifts, Stalls, Children's Activities
The School Choir, The Bell Ringers, The Male Voice Choir

Free Entrance

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FROM THE REGISTERS

FUNERALS

Joan Leeks	28/07/2026	Burial	Wattisfield
Audrey Kenny	28/08/2026	Burial	Walsham-le-Willows

BAPTISMS

Edward Meyer	12/07/2026	St Mary's	Walsham-le-Willows
Clementine Harlow	10/08/2026	St Mary's	Walsham-le-Willows
Roley Jacobs	16/08/2026	St Mary's	Langham
Tallulah Parry	16/08/2026	St Mary's	Walsham-le-Willows



EPIPHANY SINGERS CONCERT HOSTS

Once again our lovely Epiphany Singers will be coming to Walsham to sing for us in the New Year. The dates are Friday 8th January evening until Sunday 10th January lunchtime.

They will all need somewhere to stay so if you have a spare bedroom and would like to be involved please do get in touch. The bedroom does not need to be grand or have its own bathroom. If you live alone we'll make sure your guest is someone of the same sex.

All we ask is that you give them breakfast on both mornings, help with food for Saturday evening and Sunday lunch, and join the parties we host for the singers.

If this is of interest to you or you would like more information do contact me: gabriellehunt@btinternet.com or 07568 580882. I look forward to hearing from you.

Gabrielle Hunt



BETWEEN 9-10:30
OCTOBER 13TH
NOVEMBER 10TH

TEA AND TOAST
TUESDAYS
TODDLER GROUP

IN THE PRIORY ROOM
NEXT TO ST MARY'S CHURCH, ON THE CAUSEWAY
Drop in for tea (or coffee), toast and a chat.
Pop in after school drop-off.
There will be activities and toys to keep little ones busy

FOR MORE INFORMATION CONTACT REVD CATRIONA - 07525920307
REVCATRIONABRINKLEY@OUTLOOK.COM



The Benefice of Badwell and Walsham



Roots and Shoots



Sunday 4th of October & 1st November
St Mary's Church - Walsham-le-Willows 10am until 11am

Everyone is welcome to join us as we explore faith through stories, songs and creative activities.
If your child or children are school age, they can be dropped off and collected.

Families are then welcome to stay for the Family Service.

For more information please contact Revd Catriona on 07525920307 or
revcatrionabrinkley@outlook.com



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MUSIC AT ST MARY'S WALSHAM LE WILLOWS

Wednesday 14th October

12.30pm Cathedral

**A Dramatic Musical Story for
Narrator and Piano**

Piano & organ Matthew McCombie

Narrator Julian Van Beveren

Soprano Jennifer Hewes

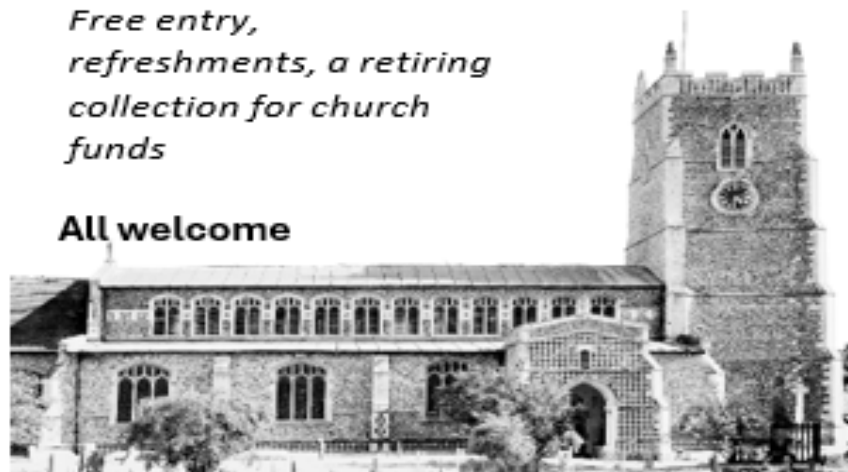
Saturday 7th November

7:30 pm Kirbye Voices

Chamber Choir

*Free entry,
refreshments, a retiring
collection for church
funds*

All welcome



Gislingham Baby and Tots Group.
For under 3's and their Parents and Carers.



Come along for a cuppa and chat.
When: **Wednesday (term time) 9.45-11am**
Where: **Gislingham Primary School, hall entrance.**

If you would like to know more contact:
Debbie 07762 116 335 (whatsapp/text)

COMMUNITY BUS



TRANSPORT NEEDED?

The Rickingham & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

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Choral Evensong



With St Edmundsbury Cathedral Choir

On Sunday 18th October, at 3pm

In St Mary's Church, Walsham-le-Willows

Come and enjoy an uplifting service of beautiful choral music, traditional words and prayers in the peaceful surroundings of St Mary's.

Whether you regularly attend church or simply enjoy beautiful music and a moment of quiet reflection you will be very welcome to join us.

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Members Free Visitors £5.00 Refreshments

Beginners Guitar
Ricky Wilkinson MBE ricky5844@aol.com

Learning Folk Guitar for children year 2 and up.



Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.

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📷 [instagram.com/meadowgraceph](https://www.instagram.com/meadowgraceph)

safe

Are you suffering with anxiety, depression, OCD, PTSD/trauma, low self-esteem, grief, panic, phobias or any other emotional difficulties?

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**If you need help please contact me
for further details on: 07983648702
Website: emdrandcbtserives.co.uk**

WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is available for hire contact walshammemorialhall@gmail.com or tel 01359 258349. There are also a variety of activities happening at the hall:

Fitsteps Monday 9.30-10.30 am

Contact : Marie 07917 733655 / airstreamtattoo@gmail.com

Community Lunch 12.45 pm (second Monday of each month)

Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm

Contact: Andy at info@rbmdynamics.com

Pilates Wednesday 9am -10am, 10.15am-11.15am

Contact: Lara at contact@larapepper.com

Coffee shop Thursday (weekly) 10.30am - 12.30pm

Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park
11am - 12 noon.

Benefice Walking Group

Monday 26th October

Meeting at, St Margaret's Church

Westhorpe



At 10am for 10.15am start.



Walk will take approximately 45 minutes

Refreshments are provided.

All are welcome!

Including well-behaved dogs on leads.

For more information,
please contact Revd Catriona



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Current Activities

PILATES Monday 1200 -1300

Contact: Lara Pepper contact@larapepper.com

INDOOR BOWLS Tuesday 1930 -2130

Contact: Karen Frost 01359 250315/Clive Hawkins clive@agenthawkins.plus.com

ART CLASS Wednesday 1315 -1515

Contact: Rod Bastable bury@easterneducatuongroup.ac.uk

HOUNDS & HANDLING Wednesday 1800-2100 Thursday 1800 -2030

Contact: Jackie Rose 07802 832418

RAINBOWS Thursday 1615 -1745

Contact: Link via badwellashvh@btinternet.com - What's on page

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Becky on 07734 414151 / beckycruickshank@btinternet.com

CITIZENS ADVICE



I finished school in the summer and since then I've applied for countless jobs, but I'm not having any luck - most companies don't even bother getting back to me. It's really getting me down - what can I do to be more successful?

Navigating your first steps into the world of work can be really daunting. If you're struggling to find a job, you're not alone. Nearly one million young people aged 16 to 24 in the UK are not in education, employment or training. Clearly, there are some big structural and economic issues that are making it hard for young people to find work, but there are still things you can do.

When you're applying for a job, it's vital to do your homework. Make sure you've done your research about both the role and the employer and adjust your CV to fit the position you're applying for. Employers will usually want to know why you're interested in working for them specifically, so take some time to look into who they are and their values as an organisation. Then discuss how they align with what you're looking for in a role in your application.

Be cautious about using AI. When you're feeling the pressure to get out as many applications as possible, it can be tempting to turn to AI to help you write your CV, cover letter or application form. But employers can usually tell when you've used AI, and some may use AI detection tools when screening your application. It might put them off wanting to progress your application, so it's best to always use your own words.

If you're worried about your lack of experience, one way to make your CV stand out from the crowd is to try volunteering. Not only will you gain vital skills and work experience but also make a positive difference to people's lives. For example, volunteering in your local Citizens Advice service can give you office experience and customer service skills - you can find out more about opportunities in your area on our website.

cont>

If you're struggling financially, you should check what benefits you're able to get. If you're over 18 (or in some cases 16 or 17), not in education or training, and you have less than £16,000 in savings or other investments, you may be eligible for Universal Credit. You might also be able to get 'new style' Jobseeker's Allowance for up to six months while you look for a job. You can check what benefits you can get on the Citizens Advice website.

And lastly, job hunting can take a real toll on your mental wellbeing. Endless applications, back-to-back rejections or being ghosted entirely can all chip away at your self-esteem and affect your mental health. If you're finding it tough, there's help and support available. You can reach out to organisations like StudentMinds, try YoungMinds or get in touch with Mind - you don't have to face it alone.

Contact CAB by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

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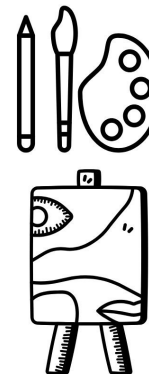


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Senior Football (over 40's) Monday 8 – 9 pm
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Senior Football (over 50's) Tuesday 2 - 3pm
Otago (chair based exercise) Wednesdays 11.30 -12.30
Pétanque Thursday 2pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events

Sunday night Bingo starts 7pm on
4th & 18th October
1st, 15th & 29th November

Saturday October 31st Halloween Family Party starting at 6.30pm
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For further information on events see the Sports Club website please contact
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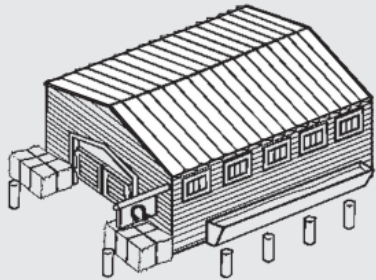
WALSHAM COMMUNITY FOOD BANK

Food donations can continue to be placed in our benefice churches and these will then be collected and delivered to Stowmarket.

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Email: contact@larapepper.com
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Friday 20th November
7:30pm start

£10 per person

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Walsham le Willows and District WI



Meetings on second Wednesday in each month,
Priory Room, Walsham le Willows at 7.30pm

August: Pétanque

Members returned unexpectedly to the garden of The Rookery in August to learn the French game of Pétanque (or boules). Many thanks to Sally and John Boulter for stepping in at very short notice to guide us in the rules. Everyone had great fun and much talent was discovered.

September: Charles Garland on Dad's Army

Members and many visitors were entertained by Charles Garland who had been assistant to David Croft. We learned about the life of Jimmy Perry whose experience in the Home Guard, the British Army and as a Butlin's Redcoat had given him the ideas for Dad's Army, It Ain't Half Hot Mum and Hi Di Hi. Jimmy Perry gave the script for one episode of Dad's Army to David Croft; and as Jimmy's agent was Mrs Croft, he read it; the two joined forces and 80 episodes of 'The Nation's Favourite Comedy' were made.

Although Charles Garland had only joined David Croft after filming for Dad's Army had ended, there were many anecdotes about members of the cast, and how the cast had been gathered.

Next Meetings:

14th October 7.30pm Priory Room
Burlesque, Me and the W.I. – by Ms Cherry Bombe.
There will be a sales table of home produce.

11th November 7.30pm Priory Room
Jigsaw challenge & magazine swap

NEW MEMBERS ALWAYS WELCOME to come along and visit.
Ladies are able to attend 2 meetings free of charge before joining

Walsham Arts & Crafts Exhibition

November 20th - 22nd 2026

10.00am till 5.00pm

The Priory Room (next to the church)

Walsham le Willows IP31 3AB

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Joff Duck, Chris and Hilary Evans,
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Or, Helen Dougall, helen@hdbatik.co.uk
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SOUNDS FUN

Westhorpe Village Hall 7.30pm — 9.30pm



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- Sing on your own, with others or just listen
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- Recite, read or listen to poetry and short stories

Please come along and join us - whatever your age or ability we would like to see you.

Third Thursday of the month
£2 per session, BYO drinks.

Contact Graham Hammond: grahamhammond@outlook.com/07562 394580 or Alison Weston: alisonweston25@hotmail.com/07972 415205

NOTES FROM THE GARDEN

WOW, the hottest July ever recorded did make gardening very challenging. Harvesting onions and shallots did not require much drying out before storing and potatoes came out of the ground mud free. Some were on the smaller side but with our additional compost a lot were a decent size. One benefit from this dry weather is there was considerably less slugs and snails to do any damage.

Now well into the autumn season the last of the vegetables will have been harvested outside, apart from leeks and chard along with spinach beet. In the poly tunnel however, tomatoes, peppers, lettuce and some late cucumbers can still carry on under cover. Sow lettuces like all the year round variety, spinach and chard to carry on for the next few months.

In November clear out all the tomatoes, cucumber plants and dig over beds incorporating spent compost and new fresh compost, and plant out seedlings sown a few weeks ago. Outside sow broad beans and maybe a few peas to give you an early start in the spring. It will also help to lock in nutrients in the soil, and prevent soil erosion in winter months. Some people plant onions and shallots now, I have never done this, but I may try a few this year. Cover up the beds with netting to prevent the birds from pulling them up. These two months are the best time to plant bare root plants, such as apple and pear trees and gooseberries. Plant out and water in well for a good start.

By now you should have taken softwood cuttings of your perennial plants, also collect dry seed heads of your favourite plants. Place the seeds in an envelope and label clearly for free plants next year. Leave ornamental grass seed heads on till well after Christmas for the birds to feast upon. Lift tender plants like cannas and dahlias and store them in pots in a frost free area.

Finally my wife Angie and I opened our garden once again for the Washam-le Willows Open Gardens weekend. Typically it rained and the wind blew on the Saturday, but on the Sunday and Monday it was nice weather. We had a few hundred people come to come and share our garden and plants. Children and adults loved seeing our guinea pigs and rabbits, and our well stocked pond. All were pleased (as were we) to see so much colour in the garden.

Till next time Phillip Bennington

UK CARE SECTOR

Question - As a pensioner living in a rural village and needing to be careful with my finances, I wonder if I might be entitled to Pension Credit. I do not use the internet, so I cannot check online. Is there a telephone number I can call for advice?

Answer - You may be entitled to Pension Credit, even if you own your own home or have some savings. In fact, it is estimated that around 910,000 pensioner households across the UK are missing out on Pension Credit that they could be receiving.

Pension Credit is a benefit for people who have reached State Pension age and are on a low income. It is paid in addition to your State Pension and can provide a valuable boost to your weekly income. Receiving Pension Credit may also help you qualify for other forms of support, such as help with heating costs, council tax, and dental treatment.

For advice or to make a claim, call the Pension Credit Helpline on **0800 99 1234**. The helpline is open **Monday to Friday, 8.00am to 6.00pm**.

Question - I have heard about something called the Priority Services Register. What is it, and could it help me?

Answer - The Priority Services Register (PSR) is a free service offered by energy, gas and water suppliers to provide additional support to customers who may be vulnerable.

You may be eligible if you are older, have a disability, a long-term health condition, rely on medical equipment that uses electricity, have young children in the household, or are experiencing temporary difficulties.

Being on the Register can provide a range of practical benefits, including:

- Priority support during power cuts.
- Advance notice of planned interruptions to services.
- Communications in accessible formats if required.
- Extra help with managing energy services and bills.
-

Additional support from water companies, such as emergency bottled water supplies during service interruptions.

Registration is free, and eligibility is broader than many people realise.

To join the Priority Services Register, simply contact your electricity, gas and water suppliers by telephone, online, or by post and ask to be added to their Priority Services Register.



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Wattisfield URC Services

Date	Time	Service details
October 4th	11am	Harvest Thanksgiving (see below)
11 th	11am	Morning worship led by the Moderator of the URC General Assembly
18 th	11am	Morning worship - Songs of Praise
25 th	10.45am	Visit to Diss URC –no service at Wattisfield
November 1st	11am	Holy Communion
8 th	10.50am	Remembrance Sunday – united service at St Margaret's Church (<i>No service at the URC</i>)
15 th	11am	Morning worship
22 nd	11am	Morning worship
29 th	11am	Morning worship
December 6th	11am	Holy Communion

Our Harvest Thanksgiving service on Sunday 4th October will be followed by a soup and roll lunch to raise money for the Falconer Trust. If you would like to stay to lunch, please let Jo (07808 487844) or Mary (01379 898233) know. The fresh produce from the harvest display will be distributed for donations during the lunch. Any non-perishables items, if not taken on the day, will be sent to the Stowmarket food bank.

The PUDDLE DUCK CAFÉ is open on the 3rd Saturday
of the month from 10.30am-12.30pm
17th October, 21st November

CrafTea & ScrabbleTea: 2nd & 4th Weds
2-4pm in October/1-3pm in November

...

Please contact Mrs Jo Patel our Local Leader (07808 487844) for more information about any of our services or activities

Benefice Services October

4th October	18th after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Harvest Service	Langham
11am	Harvest Service	Walsham-le-Willows
5th October	Monday	
9am-3pm	School Experience Harvest Day	Walsham-le-Willows
6th October	Tuesday	
2pm	School Harvest Service	Walsham-le-Willows
11th October	19th after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
11am	Songs of Praise	Walsham-le-Willows
3pm	Harvest Service	Westhorpe
18th October	20th after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Harvest Service	Finningham
3pm	Evensong with the Cathedral Choir	Walsham-le-Willows
25th October	Last Sunday after Trinity	
9:30am	Harvest Service	Badwell Ash
11am	Harvest Service	Wattisfield

Benefice Services November

1st November	All Saints Day	
8am	BCP Holy Communion	Walsham-le-Willows
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows
8th November	Remembrance Sunday	
10:50am	Remembrance Service	Badwell Ash
10:50am	Remembrance Service	Finningham
10:50am	Remembrance Service	Walsham-le-Willows
10:50am	Remembrance joint Service with URC	Wattisfield
10:50am	Remembrance Service	Westhorpe
11th November	Armistice Day	
10:50am	Armistice Day Service	Walsham War Memorial
15th November	2nd Sunday before Advent	
8am	BCP Holy Communion	Walsham-le-Willows
3pm	All Souls Service	Walsham-le-Willows
22nd November	Christ the King Sunday	
9:30am	Holy Communion	Badwell Ash
11am	Stir Up Sunday Service	Finningham
6pm	Evensong	Westhorpe

Benefice Services November - December

28th November	Saturday	
2pm	Christmas Fayre	Walsham-le-Willows
29th November	Advent Sunday	
8am	BCP Holy Communion	Walsham-le-Willows
11am	Holy Communion	Wattisfield
6th December		
8am	BCP Holy Communion	Walsham-le-Willows
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows
2pm	Christmas Service	Langham

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TUESDAY 20TH
OCTOBER - 2PM
TUESDAY 24TH
NOVEMBER - 6PM

St Bartholomew's
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Finningham

Everyone is
welcome to join
us as we explore
the bible and
faith together
in an informal
group.



WESTHORPE VILLAGE HALL ACTIVITIES

YOGA Monday (weekly) 10:45am-12:15
Contact: Juliet Wright. Tel: 07503 212670 jujuyoga39@gmail.com

ART CLUB Monday (fortnightly) 2:00-4:30pm.
Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

LINE DANCING Monday (weekly) 12.45-1.45pm
Contact: alisonweston25@hotmail.com Tel: 07972 415205

CARPET BOWLS Monday 7.30-9.00pm
Contact: Jeff Moore Tel: 07850 716968 jeffmoore297@hotmail.com
John Gladders 01449 780365 dijongladders@gmail.com

CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00
Contact: Lynda Cotgrove. Tel: 01449 780142 / Rosemary Mees. Tel: 07539 711614 rosemarymees@icloud.com

SINGING FOR PLEASURE Wednesday (three weekly) 10:00am-12:00
Contact: alisonweston25@hotmail.com Tel: 07972 415205

FITNESS Friday 10.00 - 10.45am
Contact: Becky Tel: 07734 414151 beckycruickshank@btinternet.com

Please check the village website at westhorpe.onesuffolk.net for details,
or contact Alison Weston on 07972 415205 or wvhbooking@hotmail.com



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Lest We Forget