

The Benefice of Badwell & Walsham

Rector : Rev'd Catriona Brinkley 07525920307

revcatrionabrinkley@outlook.com

Reverend Jill Walker jill.walker@me.com

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Benefice Reader: Ian Jackson 07971007147

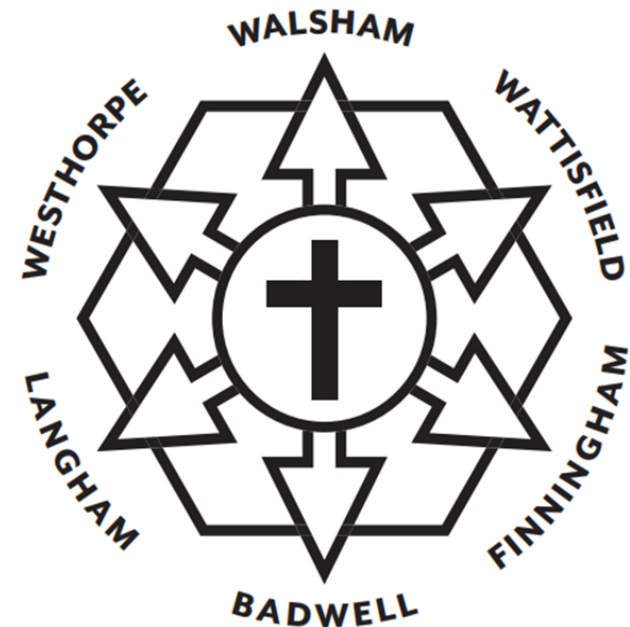
Benefice Elder: Marion Bell 07504779748

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Tracey Gorzelak 07521688647

safeguardingbadwellwalshambenefice@outlook.com

The Benefice of Badwell & Walsham



Hexagon

June - July 2026

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbielicata33@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is
Friday **3rd July 2026**

The Hexagon is delivered to nearly 1800 households in the villages of Badwell Ash, Finningham, Langham, Wattisfield, Walsham le Willows and Westhorpe.

Advertising Rates

FULL PAGE	single issue £33	3 issues £66	6 issues £127
HALF PAGE	single issue £22	3 issues £44	6 issues £83
QUARTER PAGE	single issue £17	3 issues £34	6 issues £55

Contact Revd Catriona 07525920307
revcatrionabrinkley@outlook.com

HELP WITH HEXAGON PRINTING

Could you spare 2-3 hours every two months?
Come and join a small team of volunteers who print the Hexagon in Walsham.
No previous experience required.

Contact Hilary Murdoch
hilarymurdoch@live.co.uk
07962 274392



THE PRIORY ROOM

Available to hire for private functions, suitable for children's parties. To book please contact:

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johnboulter@yahoo.com

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	Occasional Users	Regular Users
Mornings (up to 1.00pm)	£40.00	£30.00
Afternoons (up to 6.00pm)	£40.00	£30.00
Evenings (up to 11.00pm)	£40.00	£30.00
All Day	£100.00	
Hourly	£11.50	



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Caroline Morris: 07843 248 411
cdv_11@hotmail.com



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**Practice sessions begin from 29th September 7.30 – 9 pm
Haughley Village Hall, near Stowmarket.**

Ring 01449 673518 (Gill) to find out more.

Find us on Facebook Haughley Hoofers official page

Churchyards: Havens for Wildlife and the Soul

“The earth is the Lord’s, and everything in it.” (Psalm 24:1)

As June slips into July, our churchyards are at their most beautiful. Grasses sway, wildflowers bloom quietly among old stones, bees hum busily, and birdsong fills the morning air. These sacred spaces are not only places of remembrance but living landscapes havens for wildlife and places of peace in an increasingly hurried world.

Their beauty invites us to look again at what churchyards can be. Last month marked the 100th birthday of Sir David Attenborough, whose lifelong work has helped generations to see both the wonder and fragility of the natural world. His message feels especially timely. Even the smallest pockets of land, when thoughtfully tended, can become sanctuaries for wildlife, and for people seeking stillness and connection.

With this in mind, our Benefice has been inspired to take further steps through the *Caring for God’s Acre* initiative. This encourages churches and communities to see churchyards not simply as maintained spaces, but as precious habitats rich in biodiversity, history, and spiritual meaning. It invites us to consider how even subtle changes, such as leaving long grass in selected areas, encouraging native wildflowers, and allowing natural growth to flourish, can help our churchyards thrive as living ecosystems of faith and nature together.

As we begin to look at our own churchyards in this way, many of us are discovering afresh how restorative they can be. Sitting beneath an ancient tree, noticing butterflies among the flowers, or listening to the wind through the leaves can become moments of quiet prayer in themselves. In a world that so often feels noisy and demanding, these spaces gently draw us into stillness and attentiveness.

We warmly invite you to spend time in our wonderful churchyards over the coming months whether for quiet reflection, a gentle stroll, prayer, or simply to enjoy the richness of God’s creation.

cont>

Details of upcoming events and services over the next two months can be found in this magazine, or do get in touch if you would any more details. Whether you are a regular visitor or simply curious, you will always find a warm welcome waiting for you.

God bless,

Revd Catriona

FROM THE REGISTERS

FUNERALS

Aaron Andrew Ayers	15/04/2026	Funeral	Crematorium
Ann James	25/04/2026	Burial	Walsham-le-Willows
Ina Blyth	14/05/2026	Burial	Walsham-le-Willows

BAPTISMS

Ernest Harry Rhys Evans	16/05/2026	St Mary's	Walsham-le-Willows
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HEXAGON AVERTISING ORGANISER REQUIRED

We are seeking someone to take over this position as soon as possible. This would involve collating adverts from various organisations, businesses and local events; liaising with the advertisers with regards to size and cost; and, in conjunction with the editor, ensuring they are correctly printed in the magazine.

The Hexagon provides valuable communication between the parishes, the profits of which cover benefice expenses. Rev'd Catriona Brinkley has temporarily taken on this task until the position is filled.

For further information please email
revcatrionabrinkley@outlook.com

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WHAT'S ON IN JUNE

Hinderclay

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OPEN GARDENS & GATEWAY SALE

SAT 6TH JUNE, 12-3PM

Explore the beautiful gardens of Hinderclay and pick up a bargain. Maps will be available on the day.

FLOWER FESTIVAL ST MARY'S CHURCH

**WEEKEND OF
27TH & 28TH JUNE, 10-4.30PM**

“Things to be Thankful for”

Songs of Praise on Sunday at 4.30pm

In aid of St Mary's Church, Hinderclay

UK COMMUNITY CARE

Question – I have heard of Benevolent Funds, but what are they and can they help with care costs?

Answer - Benevolent funds in the UK are charitable organisations that provide financial support, grants, and practical assistance to individuals facing hardship, often linked to specific trades, professions, or industries that a person has worked in.

They can offer advice and practical help, including grants for items such as furniture, computers, and white goods, as well as assistance with everyday living costs. In addition, they may provide funding towards care home fees, top-up costs, or home care services, such as daily care visits during times of need.

If you are unsure whether your former employer or the industry you worked in has a benevolent fund, you can find out by contacting Turn2us. Turn2us is a UK-based national charity that helps people experiencing financial hardship access welfare benefits, charitable grants, and support services.

Their helpline number is 0808 802 2000 and their website:

www.turn2us.org.uk

Question – How do you qualify for a Council Tax reduction?

Answer - Council Tax Reductions are underclaimed, with an estimated 2.4–2.7 million eligible people missing out—around 1 in 4 households. People may qualify in several ways, including:

- A 25% single-person discount
- Full exemptions for full-time students
- Reductions for those with severe mental impairment, people Diagnosed with conditions such as severe dementia may qualify for a reduction of between 25% and 100%, depending on circumstances and council rules.

In England, schemes are set by local councils, while Scotland and Wales have national systems. **Council Tax Reduction is not automatic—you must apply through your local council.**

Organisations like Citizens Advice and Age UK can help check eligibility and support applications.

WESTHORPE VILLAGE HALL ACTIVITIES

YOGA Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670 jujuyoga39@gmail.com

ART CLUB Monday (fortnightly) 2:00-4:30pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

LINE DANCING Monday (weekly) 12.45-1.45pm

Contact: alisonweston25@hotmail.com Tel: 07972 415205

CARPET BOWLS Monday 7.30-9.00pm

Contact: Jeff Moore Tel: 07850 716968 jeffmoore297@hotmail.com
John Gladders 01449 780365 dijongladders@gmail.com

CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00

Contact: Lynda Cotgrove. Tel: 01449 780142 / Rosemary Mees. Tel: 07539 711614 rosemarymees@icloud.com

SINGING FOR PLEASURE Wednesday (three weekly) 10:00am-12:00

Contact: alisonweston25@hotmail.com Tel: 07972 415205

FITNESS Friday 10.00 - 10.45am

Contact: Becky Tel: 07734 414151 beckycruickshank@btinternet.com

Please check the village website at westhorpe.onesuffolk.net for details, or contact Alison Weston on 07972 415205 or wvhbooking@hotmail.com

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BRITISH CACTUS AND SUCCULENT SOCIETY MINI CONVENTION

Saturday 6th June 11am-4pm



Join us for special BCSS event featuring a special Matucana talk led by the BCSS President Graham Charles and a presentation from Richard Edmonds on the Chelsea Physic Gardens, along with plant sales.

Westhorpe Village Hall, Westhorpe IP14 4SY

£12 in advance or £15 on the door

For tickets simply email secretary@mid-suffolk.bcsc.org.uk

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BETWEEN 9-10:30
JUNE 9TH and JULY 14TH

TEA AND TOAST TUESDAYS TODDLER GROUP

IN THE PRIORY ROOM

NEXT TO ST MARY'S CHURCH, ON THE CAUSEWAY

Drop in for tea (or coffee), toast and a chat.

Pop in after school drop-off.

There will be activities and toys to keep little ones busy.

FOR MORE INFORMATION CONTACT REVD CATRIONA - 07525920307
REVCATRIONABRINKLEY@OUTLOOK.COM

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COTTON VILLAGE HALL-MONDAYS 7.20PM

GISLINGHAM VILLAGE HALL

WEDNESDAYS 9.15AM & 10.15AM, THURSDAYS- 7.10PM

TOTAL FITNESS (45 mins)

GISLINGHAM VILLAGE HALL-THURSDAYS 6.15PM

GENTLE FITNESS (45 mins)

WESTHORPE VILLAGE HALL-FRIDAYS 10AM

COME AND GIVE THEM A TRY!

**For more info about classes or personal training please contact
Becky on 07734 414151 / beckycruickshank@btinternet.com**

NOTES FROM THE GARDEN

Hello again, well by now summer should be in full swing.

All the efforts of the last three months, should now be producing the fruits and vegetables of your time and efforts. Also now is the time to fill your, hanging baskets, pots and borders, with glorious tender annuals, now the threat of frosts have passed.

In June our poly tunnel is now producing the first tomatoes, cucumbers, courgettes, and salads. But don't stop sowing your seeds, outside in your beds you can now sow carrots, kohlrabi, and beetroot. Plant out hardened off courgettes, sweetcorn, swiss chard, spinach beet now but water in well.

Plant runner and climbing French beans directly in the soil with supporting structure of canes or sticks in place. Sow broad beans, carrots beetroot, peas, and lettuce to ensure an ongoing supply till late autumn.

In the poly tunnel or greenhouse, underplant your tomatoes and peppers with lettuces and herbs, such as basil, coriander and parsley to provide less chance or the soil drying out.

In July, your lush green perennials, such as dahlias, salvias, roses, and clematis, should be in flower. Water these hungry plants with a liquid fertiliser to ensure strong and colourful plants, also your hanging baskets pots and containers will benefit from this at least once a week. Deadhead your flowers, if a plant develops seed heads it will think its job is done and it will not be at its best afterwards. Dead heading daily will lengthen your plants lifespan.

Stake and tie up your plants, supporting large flower heads to stop them from breaking with wind damage. There is so much to do this time of the year, watering, hoeing, digging up first early potatoes, earthing up the second and maincrop; who said gardening was easy. It is worth it though, especially in these times when food could be in short supply or very expensive,. Growing your own food will always be rewarding and tasty pastime and a great way to work with nature and feel as though you have achieved something.

Till next time Phillip Bennington

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MUSIC AT ST MARY'S WALSHAM LE WILLOWS

Thursday 11th June

12:30pm 4 x 2

French & Italian Baroque A lunchtime delight

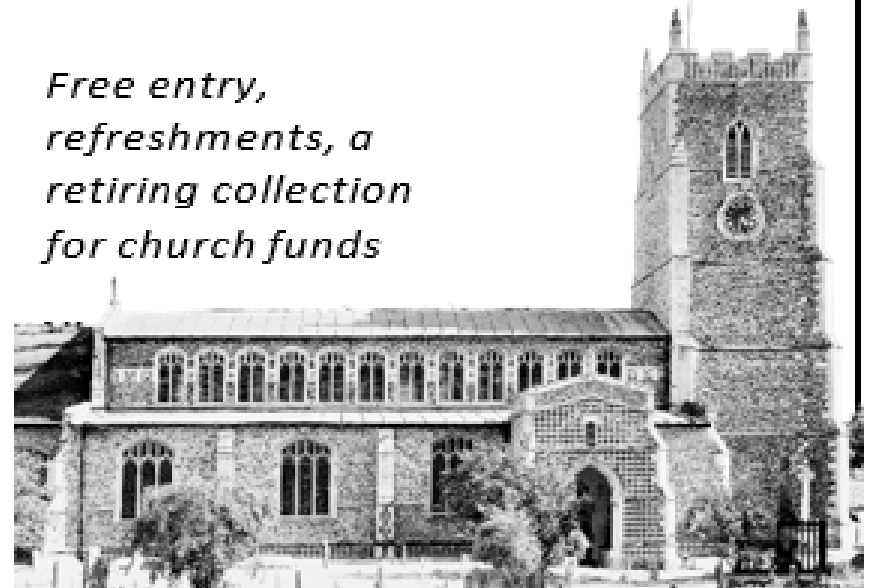
Sunday 28th June

3:00 pm Carol Kellman

Students Recital

An afternoon of fun and entertainment

*Free entry,
refreshments, a
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for church funds*



Gislingham Baby and Tots Group.
For under 3's and their Parents and Carers.



Come along for a cuppa and chat.
When: **Wednesday (term time) 9.45-11am**
Where: **Gislingham Primary School, hall entrance.**

If you would like to know more contact:
Debbie 07762 116 335 (whatsapp/text)

COMMUNITY BUS



TRANSPORT NEEDED?

The Rickingham & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

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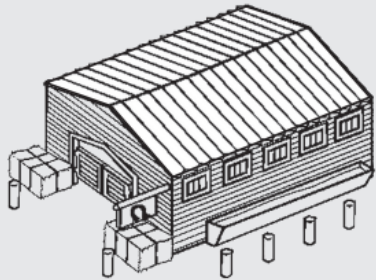


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Local History Talk

A Hard and Grievous Battle; the Siege of Haughley Castle and the Battle of Fornham



Historian Dr Mike Walker will bring to life the exceptional events in Suffolk, in 1173 – of medieval warfare, invasion, siege, and a battle which would determine the fate of Henry II.

Friday 12th June 2026

7pm £8 per person

Go to Westhorpe website for ticket details:
westhorpe.onesuffolk.net or call Alison 07972 415205

**WESTHORPE VILLAGE HALL
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Breakfast Club 8.00am - 8.45am

Morning 8.45am to 11.45am

Lunch Club 11.45am to 12.45pm

Afternoon 12.45pm to 3.45pm

"Children arrive with a 'spring in their step' and are welcomed by friendly staff. They immediately join in with their friends and explore a well resourced and fun environment." Ofsted, May 2022.

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**If you need help please contact me
for further details on: 07983648702
Website: emdrandcbtserives.co.uk**

WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is available for hire contact walshammemorialhall@gmail.com or tel 01359 258349. There are also a variety of activities happening at the hall:

Fitsteps Monday 9.30-10.30 am
Contact : Marie 07917 733655 / airstreamtattoo@gmail.com

Community Lunch 12.45 pm (second Monday of each month)
Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm
Contact: Andy at info@rbmdynamics.com

Pilates Wednesday 9am -10am, 10.15am-11.15am
Contact: Lara at contact@larapepper.com

Coffee shop Thursday (weekly) 10.30am - 12.30pm
Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park
11am - 12 noon.

**SUFFOLK OPEN STUDIOS
A CREATIVE FORCE IN SUFFOLK'S ARTS SCENE**

Suffolk Open Studios (SOS) is a vibrant, artist-led network celebrating the wealth of creative talent across Suffolk. Each June, artists open their studios to the public, offering free entry and a rare opportunity to meet makers, explore their processes, and enjoy a relaxed, welcoming atmosphere — with no obligation to buy.

Taking place over weekends in June, SOS connects visitors with artists, artisans and makers across the county, including communities such as Walsham le Willows. It's an inspiring way to discover art and the people behind it, right on your doorstep.

In addition to Open Studios, SOS members take part in three annual group exhibitions at venues across Suffolk. In 2026, these will be held at Framlingham Town Hall (August), and Bury St Edmunds Guildhall (October). Exhibition locations rotate each year to ensure a broad geographic reach and to support SOS's core value of inclusivity. Membership is open to all artists and makers living or working in Suffolk, with no selection process. This creates a diverse and supportive creative community, welcoming both emerging and established practitioners.

Visitors can explore SOS through the printed Art Directory 2026, available from galleries, cafés, libraries and local venues, or via the mobile app, which allows users to plan personalised studio visits across the county.

The SOS Art Directory and app will be available from the end of March. For more information, visit www.suffolkopenstudios.org or follow [@suffolkopenstudios](https://www.instagram.com/suffolkopenstudios) on Instagram.

***Avenue Studio in Walsham will be open for the first two weekends of this event in June 2026 from 10.00am - 5.00pm**



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Phil and Jenny

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Langham Hall Garden Festival & Nursery Sale

Saturday 13th June 2026

2.00 pm - 6.00 pm

Admission £5 | Children 12 & under free

In aid of St Mary's Church Langham

- ✦ Three-acre Georgian Walled Garden & two acres of further gardens and borders
- ✦ Plant Sale
- ✦ Ice creams, tea and cake on the lawn
- ✦ Suffolk Beer & Cider bar
- ✦ Live music: Blues, acoustic, soft pop
- ✦ Games for children
- ✦ See website for details and updates

Langham Hall,
Bury St Edmunds. IP31 3EF

langhamgardens.co.uk

Beginners Guitar Ricky Wilkinson MBE ricky5844@aol.com



Learning Folk Guitar for children year 2 and up.

Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.

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WALSHAM History Group



PIPING
IN THE GREAT WAR

How the pipes work, where they came from and how they were used to such great effect. With live demonstration, by Doug Grant.

WED 17TH JUNE AT 7.30PM
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GAMES ON THE GREEN SUNDAY 21ST JUNE 2026
AT 2.30PM

Friends of Finningham will be holding its Annual Games on The Green on Sunday 21st June 2026 starting at 2.30pm. In the past it has been mainly a Rounders Match but this year as it is the World Cup we have decided to include a penalty shoot-out as well.

We would welcome Teams from neighbouring villages to joins us – for the Rounders match teams will consist of 8. If you do not have a team just come along teams can be formed on the day.

To enter a team please contact Ian Armstrong. ianbacton@aol.com

There will be other games etc. that children can play.

Trophies will be awarded to the Winning Rounders Team and to the Highest Goal Scorer from the Penalty Shoot-out.

We hope to see you there. Please bring your own picnic and drinks as no food or drinks will be on sale.

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Current Activities

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Contact: Lara Pepper contact@larapepper.com

INDOOR BOWLS Tuesday 1930 -2130

Contact: Karen Frost 01359 250315/Clive Hawkins clive@agenthawkins.plus.com

ART CLASS Wednesday 1315 -1515

Contact: Rod Bastable bury@easterneducatuongroup.ac.uk

HOUNDS & HANDLING Wednesday 1800-2100 Thursday 1800 -2030

Contact: Jackie Rose 07802 832418

RAINBOWS Thursday 1615 -1745

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The Benefice of Badwell & Walsham




Roots and Shoots

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St Mary's Church - Walsham-le-Willows
10am until 11am

Everyone is welcome to join us as we explore
faith through stories, songs and creative activities.
If your child or children are school age, they can
be dropped off and collected.

Families are then welcome to stay for the Family Service.

For more information please contact Revd Catriona
on 07525920307 or
revcatrionabrinkley@outlook.com



Pilates



Badwell Ash Village Hall:
Mondays 12noon – 1pm

Walsham Le Willows:
Wednesdays 9 - 10am
Wednesdays 10:15 - 11:15am

FREE TASTER CLASS. Classes will be mixed ability, and exercises can be adapted as needed. Please contact me on the details below to secure a place, or to register your interest.

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Walking Netball Tuesday 10 – 11am & Thursday 6 - 7pm
Senior Football (over 40's) Monday 8 – 9 pm
Walking Football (over 65's) Tuesday & Thursday 1 - 2pm
Senior Football (over 50's) Tuesday 2 - 3pm
Otago (chair based exercise) Wednesdays 11.30 -12.30
Pétanque Thursday 2pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events

Sunday night Bingo starts 7pm on
7th and 21st June & 5th and 19th July

Beer, Gin and Cider Festival

Friday 5th May from 4pm & Saturday 6th June from 12 noon
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For further information on events see the Sports Club website please contact
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Westhorpe Village Hall
10am to 1pm

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St Bartholomew's Flower Festival

Finningham



A sunny warm Bank Holiday weekend, the light showers expected, stayed away but the visitors didn't.

They came and were delighted with the wonderful flower displays to celebrate our 60th anniversary. They had fun in the Marquee and then enjoyed our amazing Tea Room with the ever popular "sausage rolls"

A big thank you to all our talented, inspired flower arrangers and to those helping in the Marquee and Tea Room. You all made the event such a success. And finally, thank you to our visitors for their support from our village, across the Benefice and beyond.

The advertisement for DPM Roofing features a large, stylized graphic of a roof with a thick black curved line representing a gutter or a roof slope. The background is a light grey grid pattern.

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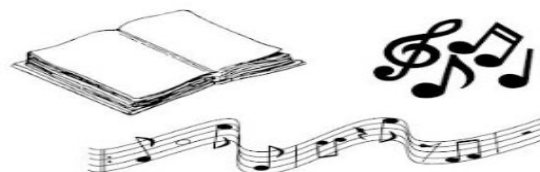
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- Play your musical instrument
- Recite, read or listen to poetry and short stories

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Walsham le Willows and District WI



April: Introduction to Deaf Awareness and British Sign Language, with Michelle Attrill

Michelle has been working with the deaf community for over 30 years and gave us a most illuminating talk about the causes of deafness and the best ways to communicate. After making us aware of how difficult a noisy environment is to anyone suffering from deafness; she introduced us to Makatan, Sign Supported English, British sign language and finger spelling. (NB there are regional differences, much like a spoken accent, in the sign language used by people across the UK!) Hopefully we shall all be more aware and more considerate next time we are speaking to someone with hearing loss. The sales table was popular and raised over £40.

May: Annual Meeting

The meeting began with a general discussion about the W.I.'s implementation of the Government's Equality Act and the way it had been handled by Head Office. As a direct result of this change some members decided not to renew their membership. Reports for the year were presented; the committee were elected and Beverly Smith was elected as President. The members also voted to support this year's National WI initiatives to support more widespread availability of accessible toilets, and action on women's homelessness.

Once the business was over, members enjoyed wine and cheese.

Next Meetings:

10th June at 6.30pm. A tour of Pakenham Watermill.
 Meet there in the car park at 6.25pm.

8th July at 7.30pm The Rookery .
 Bring and Share Picnic

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Ladies are able to attend 2 meetings free of charge before joining

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CITIZENS ADVICE



I've found myself in a really difficult financial situation and I don't know where to turn. I was made redundant recently and now I'm finding it hard to keep up with my bills and am getting into debt - what can I do?

Money problems can feel overwhelming, but the most important thing to remember is that you don't have to face this alone. We know that times are incredibly tough for lots of people right now, and Citizens Advice is here to help you find a way forward.

Make sure you've been paid everything you're entitled to by your former employer. You can check what your rights are on the Citizens Advice website.

If you're finding it difficult to stay on top of bills, free budgeting tools like the one on the MoneyHelper website can help you understand what money you have coming in and going out each month, and where you might be able to cut costs.

Before you start, try to find your most recent bank statements, payslips, debit and credit card statements or bills, and receipts for things you usually pay for in cash. Make sure you include all your expenses, for example money you spend on your partner or family.

If your budget just doesn't add up and you need help to afford essentials like bills and food, you can find out how to get help with your bills as well as what cost of living support is available on the Citizens Advice website.

Please don't ignore bills or letters about money that you owe. You should collect and organise all debt-related documents to create a comprehensive list of all your debts. It might feel overwhelming when you see everything written down - but try not to worry, the important thing is that you're taking action to sort things out.

If you're behind on household bills, prioritise paying your rent or mortgage, plus energy bills and Council Tax first. Not paying these bills has the most serious consequences. Take a look at the Citizens Advice website for more information about what bills to prioritise and how to manage debts. You can then speak to the organisations you owe money to – they might let you pay smaller amounts or take a break from payments.

cont>

For other types of debt like credit cards or loans, gather all the information on what you owe, create a budget, and contact your creditors to set up a affordable repayment plan. This might seem scary, but it's an important first step.

Lots of people miss out on benefits they're entitled to, so it's worth checking what you can get on the Citizens Advice website. Claiming benefits might also let you get access to other financial help like cost-of-living payments and discounts on energy and transport.

Whatever your situation, you don't have to face this alone - get in touch with a free support service like us at Citizens Advice. Our advisers can help to check if you're eligible for any benefits or financial support and explore all options for dealing with your debts.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/ contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

FINNINGHAM LPG CHAT GROUP

As I write (29th April) there are deals still available for two year LPG contracts of .45p per litre for year one and in addition £100 off your first delivery.

We are at the moment still reaping the benefit of the major suppliers forward buying gas from European producers in previous years at a fixed price. This will undoubtedly change as the full long term effects of the Middle East crisis impacts us here in the UK. However, there are signs that the market is starting to tighten with some smaller regional suppliers imposing a surcharge of 3.5p per litre on top of previously agreed prices to existing customers.

If you are not on contract or are nearing the end of your contract, please act quickly or you may end up paying considerably more in the near future.

If you are interested in joining our chat group, it's free, no charges or hidden commission, just a friendly group of local people who like saving money and enjoying sharing our combined knowledge and experience with others.

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Benefice Services June

7th June	1st Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Langham
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows

14th June	2nd Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Westhorpe
11am	Songs of Praise	Walsham-le-Willows

21st June	3rd Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Finningham

22nd June	Monday	
7pm	Church Wardens Commissioning Service	Walsham-le-Willows

23rd June	Tuesday	
6pm	Bible Study Group	Finningham

28th June	4th Sunday after Trinity	
9:30am	Holy Communion	Badwell Ash
11am	Holy Communion	Wattisfield
6pm	Evensong	Westhorpe

Benefice Services July

5th July	5th Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Langham
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows

12th July	6th Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Westhorpe
11am	Songs of Praise	Walsham-le-Willows

17th July	Friday	
10am	School Leavers Service	Walsham-le-Willows

19th July	7th Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Finningham
11am	Holy Communion followed by Benefice Picnic	Langham

26th July	8th Sunday after Trinity	
9:30am	Holy Communion	Badwell Ash
11am	Holy Communion	Wattisfield
6pm	Evensong	Westhorpe

Benefice Services July - August

28th July	Tuesday	
2pm	Bible Study Group	Finningham
2nd August	9th Sunday after Trinity	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Langham
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows

PLEASE JOIN US FOR A

Benefice Picnic

ST MARY'S IN THE FIELD - LANGHAM

On Sunday 19th July

Following the 11am Service

PLEASE BRING YOUR PICNIC AND SOMETHING TO SIT ON.
EVERYONE IS WELCOME!



Wattisfield URC Services

Date	Time	Service details
June 7th	11am	Holy Communion
14 th	11am	Morning worship
21 st	11am	Morning worship
28 th	10.45am	Visit to Diss URC – no service at Wattisfield
July 5th	11am	Holy Communion
12 th	11am	Morning worship
19 th	11am	Morning worship
27 th	11am	Morning worship
August 2nd	11am	Holy Communion

Please contact Mrs Jo Patel our Local Leader (01359 251789) for more information

The PUDDLE-DUCK CAFÉ is open on the 3rd Saturday of the month from 10.30am-12.30pm

CrafTea & ScrabbleTea: 2-4pm on 2nd & 4th Weds of the month

THE RETURN OF 'SINGING & SANDWICHES'!

Join us at Wattisfield Chapel on Saturday 4th July for another morning of singing for fun with a professional teacher (no experience necessary)

Tea and coffee from 10am. Lunch 12.30pm

Cost £7 to sing + £5 lunch (optional)

Book with Mary (01379 898233) or Jo (07808 487844) by the end of June.